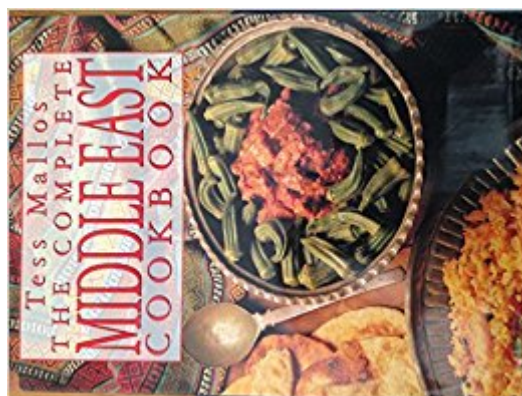


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# The Complete Middle East Cookbook



## Synopsis

new

## Book Information

Hardcover: 374 pages

Publisher: Charles E. Tuttle Co.; Reprint edition (1993)

Language: English

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Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (50 customer reviews)

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## Customer Reviews

In 1984 I was in college, living in an international married-student housing complex, where I quickly developed a large number of friends, including several who were from the Middle East and were in Oregon to study. We used to gather in the courtyard between our ramshackle (but very cheap) apartments for casual potlucks to share our favorite dishes. The food was always varied and quite wonderful. However, the cooks wouldn't always part with their mothers' "secret" family recipes. So I went cookbook shopping. The full-color photos of dishes in Mallos' book were worth the purchase price alone. Using the clearly written recipes, I prepared Lebanese, Arab, Greek and other dishes I had tasted at our informal dinners. Then I got brave and tried new ones. My friends and family RAVED. Several of my closest Middle Eastern friends even seemed a little jealous...they finally told me that I cooked their favorites better than did their mothers, and they went out and bought copies of the cookbook for themselves! You will find how easy it is to make hummous, olive-oil-infused flatbreads, tabouleh, and a score of other now-trendy dishes you pay a fortune for at the deli. The spanokopita is divine, with the golden, buttery phyllo leaves melting in your mouth to reveal the tang of feta melded with the spinach, onions, and toasted pine nuts. Mallos' book also contains the recipe for the BEST baklava anyone has ever tasted (at least of those I've served it to). A million calories a bite, but well worth it!

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